SAN DIEGO REIKI CORPS

## **BODY TALK WORKSHOP**

**OCTOBER 13, 2018** 





How lovely to have a small but intimate class. It was a perfect size for the room and the material. And everyone was mesmerized by the power of the process!







BodyTalk is a holistic approach to healing, based on proven principles of energy medicine. The body is a complex ecosystem with a delicate balance between physiological biochemical functions, emotional and mental interactions, environmental influences, and hereditary and genetic restrictions. The body's own wisdom guides the practitioner to facilitate healing to specific areas of concern.



Mary Ellen Krut

## Save the Weekend!!

## October 13th or 14th

You will not want to miss this event! We will be raffling off a mini treatment as part of Mary Ellen's presentation. Plus learn "Cortices" - a special brain balancing technique. More info about date and location to come. Keep your eye on:

SanDiegoReikiCorps.org



Knowing that the body has wisdom and then witnessing the truth of it was truly rewarding. Thank You Mary Ellen!!

